

Preparing for Adulthood

Learning Journey

EYFS-Yr 11

Informal

- To demonstrate a sense of self, including understanding their own preferences in order to live an enriched life,
- To develop relevant self-care skills,
- To become a confident communicator using their preferred method of communication,
- To be able to independently self-regulate or identify what they need to be able to do so

Year 6

- To understand the roles and responsibilities of some key adults in school through WoW week
- To understand how to manage personal organisation and routines

Semi-Formal Pathway

- To communicate wants and needs
- To maximise opportunities for independence of daily tasks through development of functional skills
- To take an active not passive role in decision making
- To understand their feelings and develop emotional well being
- To recognise their impact on those around them through development of social skills
- To repeat and over learn to establish routines to support daily tasks including personal care
- To have tools to support unexpected changes or surprises and learning from problems
- To have achievable aspirations
- To understand bodily autonomy, know the names of their anatomy and know they are in charge of their bodies

Formal Pathway

- To understand roles and responsibilities in a variety of workplaces
- To understand how to manage daily tasks independently
- To understand the importance of achieving relevant qualifications
- To understand workplace expectations and vocational skills
- To understand how to advocate for their own needs and rights
- To understand the value of social inclusion and community participation

Year 9 and 11

- To have in depth career meetings with an adviser to discuss and plan destinations